SH'ZEN

OCTOBER 2026

✤ Offers valid until 31 October 2026.
While stocks last.

Neighbouring countries add 20% to prices.

CELEBRATING
37
years!



SHZEN.CO.ZA

SCAN ME

10+ **NEW** PRODUCTS INSIDE

NEW!

Retinol EXPERT

ONLY R459
SAVE R300



Retinol is considered the "holy grail" of anti-ageing skincare – and Sh'Zen takes it further with "Smart Retinol." Unveil smoother, firmer-looking skin with **NEW Sh'Zen Retinol Expert with Bakuchiol** *(30ml), designed to support overnight renewal for age-defying results.*

RETINOL helps improve skin texture and boost collagen for firmer, more youthful-looking skin.

BAKUCHIOL helps smooth fine lines, firm skin and boost radiance.

ROSEHIP OIL nourishes and supports skin renewal for a smoother, more radiant complexion.

CENTELLA ASIATICA soothes and supports skin repair for firmer, healthier-looking skin.

★★★★★

"I had the privilege of testing this product before it launched, and wow! My skin tone looks more even, my pores appear refined, and my complexion looks smoother and beautifully luminous." – I. VD M



PAIRS WELL WITH...



ONLY R339
SAVE R190

Vitamin C Booster (15ml) contains Vitamin C to help brighten and even skin tone, while Squalane hydrates for smoother, firmer, more luminous-looking skin.

Day Time Lift & Firm Serum (30ml) revitalises and firms skin while smoothing fine lines and boosting hydration for a softer, more radiant complexion.

ONLY R399
SAVE R220





The **Skin Insurance SPF 50** (50ml) is a high-performance sunscreen powered by omega-rich African botanicals.

ONLY R289
SAVE R150

EVERYDAY SKIN *icon*

From Sh'Zen's award-winning PhytoExquisites™ collection, the PhytoExquisites™ **Day Cream SPF 30** *(100ml).*

- OXYGENATE with ROSE, JASMINE AND NEROLI
- PROTECT with SPF 30
- HYDRATE with FLORAL WATERS
- RE-ENERGISE with PEARL EXTRACTS



BONUS DOUBLE SIZE

ONLY R559 SAVE R380

★★★★★

"I fell in love with the PhytoExquisites™ Day Cream SPF 30 from day one. I love that it's made locally in South Africa, and it makes my skin look and feel years younger."
– Karlien

Polish & BRIGHTEN



The **Brightening Enzymatic Resurfacer** *(50g) is a gentle, everyday ritual to refine texture and smooth fine lines in just 1 minute!*

Smooth, polish and brighten skin with **PAPAYA ENZYMES AND SALICYLIC ACID**

Micro-exfoliate dead skin cells with **RICE POWDER**

Restore a youthful-looking glow and help alleviate visible signs of ageing with **NIACINAMIDE AND GINGER**



1 FOR R359 SAVE R120 **2 FOR R539** SAVE R419

A MOMENT FOR YOUR *skin*

Brighten & Glow Facial Sheet Mask (24ml). An illuminating sheet mask to revitalise, energise and awaken radiance.

Plump & Hydrate Facial Sheet Mask (24ml). An ultra-hydrating sheet mask to plump, soften and renew skin.

Cool & Depuff Eye Sheet Masks (3 sets x 12ml). A cooling, depuffing mask to soothe, refresh and revive tired eyes.



ONLY R129 SAVE R30

ONLY R129 SAVE R30

ONLY R149 SAVE R30

ONE OF EACH FOR R299 SAVE R198

A little luxury EVERYWHERE YOU GO

The **Discovery Collection PhytoExquisites™ Facial Starter Kit** *is perfect for travel, trial or taking your skincare ritual wherever you go.*

★★★★★

"These mini-sized skincare essentials are perfect for travel. They deliver serious anti-ageing results. My skin felt smoother, firmer and more radiant within days. A total game-changer on the go!" – Gita





TRY TODAY, LOVE FOREVER!



Add the **PhytoExquisites™ Calming Melt-In Mask** (75ml) to help enhance the overall condition of your skin, leaving it deeply soothed, plumped with moisture and looking luminous.

PRODUCT WITH PURCHASE

BOTH THE DISCOVERY COLLECTION PHYTOEXQUISITES™ FACIAL STARTER KIT + CALMING MELT-IN MASK

FOR ONLY R429

SAVE R765

when you spend R499 or more across the brochure



AM/PM EYE CARE



ONLY R299 SAVE R116

BEST IN THE AM

The **Anti-Fatigue Eye Gel** (15ml) is ultra-cooling and helps hydrate, smooth and refresh while reducing the appearance of puffiness, fine lines and dark circles.



ONLY R329 SAVE R100

BEST IN THE PM

The **PhytoExquisites™ Eye Rejuvenator** (15ml) helps smooth, firm and brighten while reducing the appearance of fine lines, puffiness and dark circles.

BOTH FOR R469

SAVE R375

Discover the **Golden Oud Collection** – a luxurious blend of precious Oud, warm Saffron, velvety florals and sensual Amber.

GOLDEN OUD

★★★★★

"My skin glows after using this Shimmer Body Butter! It leaves my skin soft, beautifully radiant and smelling incredible – my perfect summer essential for sunny days and glamorous evenings." – Louise

NEW!



The NEW **Golden Oud Shimmer Butter** (130ml) is enriched with Shea Butter to deeply hydrate and soften the skin. Illuminating mineral shimmer imparts a subtle radiance, while the elegant fragrance of Golden Oud envelops the senses and lingers beautifully on the skin.

1 FOR R249 SAVE R86 **2 FOR R389** SAVE R281

ALL 3 (ONE OF EACH) **FOR R799** SAVE R594

1 FOR R489
SAVE R170
2 FOR R749
SAVE R569



BEAUTIFULLY PACKAGED



NEW **Golden Oud Eau de Parfum** (50ml) blends precious Agarwood with warm Saffron, velvety Rose and Jasmine. Smoky Vanilla, Musk, Amber and delicate Incense add captivating depth and mystery.

New Look



The NEW **Golden Oud Luxury Candle** fills your space with a rich, alluring fragrance centred around precious Agarwood, warm Saffron and refined leather nuances. Velvety Rose and Jasmine soften the heart, while smoky Vanilla, Musk, Amber and delicate Incense create a warm, captivating atmosphere of depth and luxury.

1 FOR R329
SAVE R130
2 FOR R529
SAVE R389

NEW!

Lash LIFT

Achieve beautifully lifted lashes with our **NEW Lash Lift Pro Curler**.



PREMIUM EASY-GRIP DESIGN

INSTANTLY LIFTS & CURLS LASHES

ENHANCES LENGTH & VOLUME



OPENS AND DEFINES THE EYES

LIGHTWEIGHT & TRAVEL-FRIENDLY

★★★★★

"Such an easy-to-use eyelash curler! The comfortable, easy-grip handle gives great control and creates a beautiful, natural-looking curl in seconds." – Taliah



BEAUTIFULLY PACKAGED

ONLY R269
SAVE R120

LASH LIFT PRO CURLER + ANY 1 MASCARA OR EYE LINER
FOR R379 SAVE R299

MAKE-UP *must* HAVES!



TRIPLE VOLUME MASCARA
For fuller, thicker and plumped up lashes. Available in black and brown.

ANY 1 FOR R249
SAVE R40
ANY 2 FOR R399
SAVE R179

Our Flawless Finish Primer (50ml) helps to create a smooth canvas on which to apply foundation – and to keep make-up looking fresher for longer.

1 FOR R369
SAVE R100
2 FOR R489
SAVE R449





EASY GLIDE EYE LINER
The long-lasting formula glides on easily, while the retractable pen and lid keep the tip neat and clean. Available in black, brown or blue.

ANY 1 FOR R199
SAVE R86
ANY 2 FOR R269
SAVE R301

New
TOFFEE GLOW



SHEER ORCHID





New
DUSTY ROSE

LIP GLOSS
Available in **2 NEW** high-gloss shades. Each colour is crafted to look good on just about any skin tone.

ANY 1 FOR R199
SAVE R50
ANY 2 FOR R279
SAVE R219

ANY 1 EYE LINER **+ ANY 1** MASCARA **FOR R369**
SAVE R205

REJUVENATING *scrub*

The ultimate weekly treatment for velvety-soft skin, the 3-in-1 **Rejuvenating Body Scrub** *(125ml) helps reveal a revitalised, healthy-looking glow.*



*ENHANCED FORMULA **NOW WITH NIACINAMIDE**

ONLY R269 SAVE R60



- **GROUND APRICOT KERNELS** gently polish and exfoliate rough skin.
- **CALENDULA** helps to soothe and comfort.
- **AVOCADO, WHEATGERM AND ROSEHIP OILS** soften and condition newly exfoliated skin.
- **NIACINAMIDE** helps brighten for a more radiant-looking finish.

★★★★★

"It leaves my skin feeling incredibly smooth, soft and refreshed. It's the perfect way to buff away winter dryness and get my skin glowing and ready for summer!" – Nadia

Skin RADIANCE

- INSIDE AND OUT -

The **Daily Moisture Repair** *(125ml) deeply hydrates, soothes and softens skin. Enriched with Hyaluronic Acid, nourishing oils and calming botanicals, it leaves skin smooth, refreshed and comfortably hydrated all day.*



ONLY R269 SAVE R60

★★★★★

"This Daily Moisture Repair is truly a wonderful product. It packs a huge moisturising punch that lasts the whole day." – Nicole



Daily Omegas (30 softgels) delivers Omega 3, 6 and 9 fatty acids to nourish, hydrate and support healthy, youthful-looking skin from within. This powerful blend also helps support the skin's natural barrier and a healthy inflammatory response.

1 FOR R299 SAVE R70
2 FOR R459 SAVE R279

ANY 2 REJUVENTING SCRUB OR DAILY MOISTURE REPAIR **FOR R419** SAVE R239

LIFT, **FIRM,** FLAUNT

Our top-selling **Cellular Boost for neck & bust** *(100ml) helps protect and rehydrate your décolletage.*



- FIRMS AND IMPROVES ELASTICITY
- HYDRATES & SMOOTHS DELICATE SKIN
- SUPPORTS NATURAL COLLAGEN & ELASTIN

1 FOR R269 SAVE R100
2 FOR R429 SAVE R309

★★★★★
"I can see and feel the difference. Firmer, smoother and more even-toned skin." – Lindie



7+ ACTIVES PROMOTE BREAST HEALTH



The **Bust & Lymph Tissue Concentrate** (50ml) is a 100% natural formulation with Pamplemousse Oils that provide the skin with intense, anti-ageing hydration.

- **NOURISHES & SUPPORTS** SKIN STRUCTURE
- **ENHANCES** SUPPLENESS & HYDRATION
- **PROMOTES** A HEALTHY & RADIANT APPEARANCE

ONLY R259 SAVE R50

ONE OF EACH (CELLULAR BOOST + CONCENTRATE) **FOR R419** SAVE R259

LIMITED-EDITION **COTTON COSMETIC BAG**



ONLY R169 SAVE R110
Bag size: L:19cm | H:15cm

NEW! RETINOL

CERA+

The NEW **Retinol Cera+ Treatment Cream for Hands** *(50ml) helps soften, smooth and rejuvenate dry, ageing hands while you sleep.*

Your **PROFESSIONAL HAND FACIAL AT HOME**





- RETINYL PALMITATE (VITAMIN A) & CERAMIDES support skin renewal and strengthen the skin barrier.
- SWEET ALMOND OIL, LINDEN FLOWER & ALOE FEROX hydrate, soothe and soften dry hands.
- KAOLIN & MAGNESIUM refine and condition skin with a cocooning, mask-like effect.
- NEROLI, GERANIUM & JASMINE leave hands delicately scented and pampered.

1 FOR R259 SAVE R140
2 FOR R399 SAVE R399

BESTSELLERS FOR 37 YEARS

The **Glass Nail File & Nail Buffing Kit** *have been long-time favourites with women across South Africa.*

ONLY R249 SAVE R56



ONLY R279 SAVE R46



THE GLASS NAIL FILE
- Shapes nails to perfection.
- Gives a smooth, even finish.
- Seals edges to help prevent splitting.
- Is hygienic and long-lasting.

THE NAIL BUFFING KIT
This manicure set keeps nails neat, glossy and strong. It smooths away ridges and discolouration and gently buffs nails to an exquisite shine in seconds – enhancing their natural colour and promoting stronger growth.

BOTH FOR R429 SAVE R201

Overnight HEALING

The **Overnight Balm** *(125ml) works while you sleep, to deeply moisturise and soften dry, cracked heels – so you wake up to smooth, refreshed feet.*

BEST SELLER FOR ALMOST **37 YEARS**

- SOFTEN AND SMOOTH SKIN WITH **CARROT OIL**
- REPAIR DRY, DAMAGED SKIN WITH **WHEATGERM**
- HELP CONTROL BACTERIA THAT CAUSE PERSPIRATION AND ODOUR WITH **COLTSFOOT AND OAK**
- LOCK IN MOISTURE WITH **SWEET ALMOND OIL**



★★★★★

"I had such badly cracked heels that they used to bleed. Within days, I saw my skin healing and the cracks disappearing!" – Heather

1 FOR R239 SAVE R80 **2 FOR R399** SAVE R239

3 Steps TO SUMMER-READY FEET

Whether you're travelling or simply embracing the ease of summer, our **Summer Foot Collection** *ensures your feet stay soft, smooth, and sandal-ready.*



The **Spa Additive** (250g) offers feet a cleansing and refreshing soak, while also helping to soften the skin.



The **Deodorising Powder** (100g) absorbs excess perspiration and helps to prevent foot odours.



The **Cooling Spritzer** (100ml) instantly calms, cools, and purifies hot, swollen feet.

PRETTY GIFT BAG FOR ONLY **R30**



"These are my ultimate summer must-haves for keeping my feet looking beautiful and smelling fresh." – Mindy

ALL 3 FOR R499 SAVE R394
(EXCLUDING GIFT BAG)

Super FAT BURNER



5 REASONS TO LOVE!

- PROMOTES WEIGHT LOSS.
- BOOSTS METABOLISM.
- SUPPRESSES APPETITE.
- INCREASES FAT OXIDATION.
- IMPROVES ENERGY LEVELS.



Sh'Zen **Super Fat Burner** (60 vegicaps) contains Garcinia Cambogia and Raspberry Ketones to help kickstart metabolism, suppress appetite and increase fat oxidation, helping you get into better shape.

★★★★★

"Lose weight in an easy, simple way." – Fazeela
"Helps my body burn fat and keep it off." – Priscilla
"Helps curb my cravings." – Shehaam
"Two months later, I am 9.6kg lighter." – Steve

1 FOR R319
SAVE R120
2 FOR R499
SAVE R379

SHAPE up FOR SUMMER





1 FOR R219
SAVE R140
2 FOR R339
SAVE R379

The **Detoxifying Toning Oil** (100ml) helps reduce the appearance of cellulite and sculpt the body with draining, decongesting essential oils such as Grapefruit, Fennel and Juniper. It boosts circulation, helps relieve water retention and nourishes the skin – leaving it toned, smooth and hydrated.

ONLY R289
SAVE R76

Polish, smooth and refine skin with the **Cellulite Scrub** (150ml), infused with body-contouring essential oils to promote firmer, more toned-looking skin and prep for cellulite treatments.



The Sh'Zen **Cell-U-Lite Sculpting Cup** mimics French 'palpate and roll' massage techniques to target cellulite on the stomach, thighs and arms. Used with a Sh'Zen massage medium, it helps boost firmness, elasticity and lymphatic drainage.

ONLY R229 SAVE R70



Cellulite Contour Gel (125ml) contains powerful firming essential oils that help improve circulation, eliminate excess fluids and strengthen connective tissue.
Packaging may vary.

1 FOR R269 SAVE R90
2 FOR R419 SAVE R299

CELL-U-LITE SCULPTING CUP
+ EITHER THE CELLULITE CONTOUR GEL OR DETOXIFYING TONING OIL **FOR ONLY R449**



Strength & SHINE

Solid, sustainable shampoo and conditioning bars that are kind to your hair and our planet.



STRENGTH & SHINE **SHAMPOO BAR** (60g)

A nourishing shampoo bar that deeply hydrates, replenishes and enhances shine while supporting healthier-looking hair.

- **CERAMIDES** strengthen and smooth hair, helping protect against breakage while improving shine and manageability.
- **HONEYBUSH** provides antioxidant protection while helping soothe and condition the scalp.
- **JOJOBA SEED OIL** nourishes and moisturises to reduce dryness and improve softness and elasticity.
- **VANILLA** helps condition and protect hair while adding a warm, comforting aroma.
- **CEDARWOOD** helps refresh, purify and balance the scalp to support a healthy scalp environment.

STRENGTH & SHINE **CONDITIONING BAR** (50g)

A rich conditioning bar that restores moisture, smooths and nourishes each strand for softer, shinier, healthier-looking hair.

ANY 1 FOR R189 SAVE R40

ANY 2 FOR R279 SAVE R179

UP TO 55 WASHES FOR LONGER HAIR | SULPHATE-FREE | PERFECT TRAVEL SIZE | SUITABLE FOR ALL HAIR TYPES

HAIR *vitality*

Revitalise your hair from the inside out and stimulate growth with these targeted supplements.

Daily Omegas (30 softgels) deliver essential nutrients and healthy fats to the scalp, supporting stronger, healthier hair from the root. Their anti-inflammatory properties help reduce follicle inflammation, often linked to hair thinning and stress-related shedding.



ONLY R299 SAVE R70



ONLY R299 SAVE R90

Hair Vitality (60 vegicaps) helps restore shine and condition, stimulate growth, and return hair to its natural glory with Ashwagandha – an Ayurvedic herb renowned for its ability to combat stress, a common cause of hair loss.

ANY 2 SUPPLEMENTS FEATURED
FOR ONLY R459
(excluding the Super Fat Burner vegicaps)

THE MEN'S edit





The **Everest Invigorating Shower Gel** (200ml) is perfect for those who enjoy a luxurious start to their day.

1 FOR R199
SAVE R80
2 FOR R339
SAVE R219

EnneaEssence™ Recovery Treatment (30ml) is a 100% natural blend of nine oils to energise, soothe, and hydrate men's skin — perfect for post-shave recovery.

ONLY R309
SAVE R180



Skin Insurance SPF 50 (50ml) helps protect against UVA/UVB rays and sun-induced ageing. With Baobab, Marula, and Kalahari Melon oils to hydrate and repair.

ONLY R289 SAVE R150



BEST SELLER

The **Fijnbos Cape Cactus Jelly** (50ml) is rich in Cape Aloe Ferox and six healing Fynbos oils to hydrate, calm irritation, and restore radiance. Ideal for all skin types.

ONLY R335
SAVE R104







BACK BY POPULAR DEMAND

EnneaEssence™ Ultra Calming Shaving Cream (125ml) provides easy razor glide for a comfortable, closer shave and contains soothing essential oils.

ONLY R269 SAVE R60

ANY 2
SINGLE PRODUCTS
FEATURED ON PAGE 24 & 25
FOR R499
(excluding the Everest Invigorating Shower Gel)



Muscle Recovery Gel (125ml) soothes sore muscles with natural anti-inflammatories. Relieves stiffness, tension, and fatigue.

ONLY R269 SAVE R40

PRODUCT WITH PURCHASE

Prepare for fabulous summer weekends and delightful outdoor adventures with our **Limited-Edition Sh'Zen Cooler Bag.**

ONLY R229
SAVE R170
when you purchase any 2 single products
featured on page 24 + 25

Made entirely in South Africa from upcycled, recycled plastic bottles, with an inner aluminium lining.
Dimensions: H: 38cm L: 30cm

ONLY R259
SAVE R156



Everest Aftershave Treatment Balm (50ml) calms, heals, and hydrates post-shave skin. Protects all day with a lasting woody, sensual scent.

ALKALISE & THRIVE



Alkalising Greens Energy Complex *(60 vegicaps) combines phytonutrients and antioxidants to support cellular vitality, immunity, circulation and daily energy.*

★★★★★

"I felt better within days! My energy improved, my skin looks healthier, and I feel much less foggy and sluggish in the mornings. Such a great all-round alkalising tonic for daily vitality and wellbeing."
– LM



- **SPIRULINA & BARLEY GRASS** support healthy blood oxygenation and natural energy.
- **CANCER BUSH, SHIITAKE MUSHROOM & SELENIUM** support immunity and help protect cells from oxidative stress.
- **GINKGO BILOBA** supports circulation, memory, mental clarity and energy.
- **PSYLLIUM HUSK & CHLORELLA** support gentle detoxification and digestive cleansing.

1 FOR R269 SAVE R120
2 FOR R459 SAVE R319

ANY 2
SUPPLEMENTS FEATURED FOR
ONLY R459
(excluding the Super Fat Burner vegicaps)

Sh'Zen products are intended to support general health and wellbeing and are not intended to diagnose, treat, cure or prevent any disease. Please consult your healthcare professional for advice regarding specific health concerns.

This year's BESTSELLERS



10 DAY DETOX & GUT REPAIR (30 vegicaps)
Support gut and liver health to enhance overall energy, immunity, and wellbeing.

ONLY R279 SAVE R90

ONLY R329 SAVE R100



STRESS & ANXIETY (30 vegicaps)
This best-seller contains Ashwagandha, Magnesium and Vitamin B6 to help the body adapt to stress, reduce symptoms of anxiety and support serotonin production for an improved mood.

ONLY R279 SAVE R90



MULTIVITAMIN 50+ (30 tablets)
A specially formulated daily multivitamin for adults 50+, featuring Calcium, Vitamin C and Ginkgo Biloba to support overall health and well-being.

Yogi SOAP

Blended with cold-pressed Coconut Oil, Neem and Tulsi oils, and nine essential oils, our **Yogi Soap** *(100g) is a unique, soothing cleansing bar with the most delightful natural aroma.*



★★★★★

"One of the best soaps I've ever used! It lathers beautifully, feels so soft and gentle on my skin, and is mild enough to use on my face." – Lou

1 FOR R149
SAVE R70

2 FOR R249
SAVE R189

3 FOR R349
SAVE R308



ORDER FROM **10 OCTOBER** 2026

CONSULTANT NAME: _____

PHONE / EMAIL: _____

FULL PRICELIST, EASY ORDER FORM & DISCLAIMER

021 704 2940 | www.shzen.co.za | hello@shzen.co.za | @shzensa